

Expanding Students' Produce Palates One Fruit and Vegetables at a Time...!



Salisbury Elementary School was awarded the USDA Fresh Fruit & Vegetable Program Grant for School Year 2019-20!

Starting September 24, 2019, students at SES will be exposed to a variety of healthy fresh fruit and vegetables in school as a result of this FFVP grant. Small samples will be passed out to the classrooms twice a week along with "Food Facts" explaining what the food is, where it is from, and health benefits of eating it. Many of the foods being sampled are not typically part of the School Breakfast Program or National School Lunch Program like kumquats, cherries, mango, turnip, apricots, parsnip, beets, star fruit and much more. Going to the produce section of the grocery store will have a whole new meaning. Students will be able to identify the many foods that they will be exposed to in school as a result of this program making it not only tasty but educational. This grant also complements our Wellness Policy in creating an environment that promotes healthy eating and overall well-being. A win-win for everyone!

Monthly menus and fact sheets will be posted on the district website under "Food Services; Menus & Memos" ~ Lucinda Ward, MEd, RD, SNS, Director of Food & Nutrition Services